

SELF LEADERSHIP PERSONALITY PERSPECTIVE

Onsite — 3 days

Leadership is an art that starts with us. Understanding our strengths and weaknesses is the key to success. A leader's success or failure starts from how he or she understands.

There are 4 aspects of self-leadership:

- Self-awareness: The ability to acknowledge, understand and realize one's strengths and weaknesses.
- Self-management: The ability to manage and use strengths and to improve weaknesses.
- Other awareness: The ability to acknowledge and understand the strengths, weaknesses, potentials, and needs of others.
- Other management: The ability to improve and motivate others according to their ability and potential to achieve organizational goals.

An effective individual will start in self-awareness, then move on to self-management, then another awareness, and finally to other management. This process is not linear, but interactive between the four. The starting point is self-understanding, or as we say: self-leadership. One aspect of self-leadership is an understanding of our character or personality type. Do you know your personality type? Do you tend to be organized and scheduled or tend to go without detailed planning? Are you excited when you're in the company of other people or more energetic when you're alone? Whatever your personality type, it will affect your life, including at work. When you understand yourself, your strengths, and your weaknesses, you will appreciate others. Therefore, self-leadership is essential if you want to be an effective leader.

Learning Objectives

- Understand your personality type and that of others, including things that make someone excited or depressed
- Understand the strengths and weaknesses of each personality type
- Be aware of possible conflicts to open connected communication
- Know the role of personality types in decision making in the team

Learning Scope

Day 1

- Understand yourself and others
- Stress and energy triggers

Day 2

- Interpersonal conflict
- Connected communications

Day 3

- Team personality types
- Personality types in decision making

Learning Methods

- Self-assessment
- Discussion groups
- Case studies
- Short Videos

Participants

Every individual, whether they lead a team or not.

Consultant



MAWAR SHEILA

Mawar has great expertise and interest in development and training. In the areas of consulting, she has facilitated a variety of development programs such as Leadership, Supervisory, Coaching, Counseling & Mentoring, Communication, Training for Trainers, Change Management, Conflict Management, Recruitment & Selection.



RUBEN SARAGIH

Ruben has expertise in leadership, performance management, and business processes. He is a founder of Indonesia Happiness Club. Ruben has 20 years of career experience in a variety of large companies ranging from services, retail, distribution, and manufacturing which in the last 5 years at the level of directors.



WAHYUNINGSIH

Wahyuningsih is specialized in Human Resource and Personal Development subject, she's also has exposure for more than 20 years in banking company. She's experienced in the field of Employee Selection, Training Program and Personal Development, HR Services and HR Business Partner.

**Subject to availability*

Tuesday - Thursday

08:00 - 16:00 WIB

11 - 13 March 2025

14 - 16 October 2025

Investment

IDR 6.900.000,-

Subject to 11% VAT.

Early Bird:

- Investment fee deduction of 10% for payments made 5 (five) days prior to the program commencement
- For corporate partnership or deals, please contact our Business Partnership Officer +62 811-1991-1168 (Phone/Whatsapp)